

LAP POOL HOURS

Effective February 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:15-5:45 Lap	5:15-5:30 Lap	5:15-5:45 Lap	5:15-5:30 Lap	5:15-5:45 Lap	7:00 am-7:30 am Lap Swim
5:45-7:00 Masters Swim (4 Lanes)	5:30-7:00 University Swim (3 Lanes)	5:45-7:00 Masters Swim (4 Lanes)	5:30-7:00 University Swim (3 Lanes)	5:45-7:00 Masters Swim (4 Lanes)	7:30 am-9:00 am Masters Swim (4 Lanes)
7:00-4:00 pm Lap Swim	7:00-10:00 Lap Swim	7:00-4:00 pm Lap Swim	7:00-10:00 Lap Swim	7:00-10:00 pm Lap Swim	9:00-11:00 Lap Swim
	10:00 -11:00 am BOGA Balance Sally (4 lanes)		10:00 -11:00 am BOGAYoga Amy (4 Lanes)		11:00-12:00 BOGAfit Katie (4 lanes)
					12:00-8:00 pm Lap Swim
					SUNDAY
4:00-6:30 pm University Team (4 lanes) Lap Swim (2 lanes)	4:00-5:30 pm University Team (4 lanes) Lap Swim (2 lanes)	4:00-6:30 pm University Team (4 lanes) Lap Swim (2 lanes)	4:00-5:30 pm University Team (4 lanes) Lap Swim (2 lanes)		7:00 am-8:00 pm Lap Swim
	5:30-6:00 Lap		5:30-6:00 Lap		
6:30-10:00 pm Lap Swim	6:00-7:00 pm Masters Swim (2 Lanes)	6:30-10:00 pm Lap Swim	6:00-7:00 pm Masters Swim (2 Lanes)		
	7:00-10:00pm Lap Swim	7:00-8:00 BOGAFit Alex (4 lanes)	7:00-10:00pm Lap Swim		
		8:00-10:00 pm Lap Swim			
					Questions Sally Brindle 317-920-7400 sbrindle@indianapolishealthplex.com