



PILATES REFORMER, BURN ZONE, KANGOO POWER/DANCE

Indianapolis Healthplex
Specialty Class Schedule
Effective: February 1, 2020

Room Key:
1: Group Fitness Studio #1
MB: Mind Body Studio
R: Reformer Studio
FF: Fitness Floor

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:30-10:30 am R: Pilates Reformer Andrea	9:00-10:00 am R: Pilates Reformer Cassie	9:30-10:30 am R: Pilates Reformer Andrea	1:30-2:30pm R: Beginner Reformer Miranda	9:00-10:00 am R: Beginning Reformer Cassie	8:20-9:30 am 1: Kangoo Power/Dance Michelle	3:00-4:00pm 1: Beginner Kangoo Michelle
6:00-7:00 pm R: Pilates Reformer Ellyn	12:00-1:00pm R: Beginner Reformer Miranda	6:00-7:00 pm R: Pilates Reformer Cassie	5:20-6:30 pm 1:Kangoo Power/Dance Michelle	5:45 - 6:30pm 2: Boot Camp Nicole		
6:20-7:30 pm 1: Kangoo Power/Dance Michelle	5:20-6:30 pm 1: Kangoo Power/Dance Michelle	5:45 - 6:30pm 2: Boot Camp Nicole				

Pilates Reformer Pricing			
Group Pricing			
Member		Non-Member	
1 Class	\$19	1 Class	\$25
4 Class Package	\$72	4 Class Package	\$93
8 Class Package	\$124	8 Class Package	\$165
12 Class Package	\$167	12 Class Package	\$216

Semi Private Pricing			
<i>*Semi-Private Sessions are for 2-3 participants. Pricing reflects cost per person.</i>			
Member		Non-Member	
1-30 Minute Session	\$26	1-30 Minute Session	\$31
5-30 Minute Session Package	\$129	5-30 Minute Session Package	\$155
1-60 Minute Session	\$41	1-60 Minute Session	\$52
5-60 Minute Session Package	\$206	5-60 Minute Session Package	\$258
10-60 Minute Session Package	\$386	10-60 Minute Session Package	\$489

Private Pricing			
<i>*Private Sessions are a personalized 1-on-1 session.</i>			
Member		Non-Member	
1-30 Minute Session	\$31	1-30 Minute Session	\$36
5-30 Minute Session Package	\$156	5-30 Minute Session Package	\$180
1-60 Minute Session	\$57	1-60 Minute Session	\$62
5-60 Minute Session Package	\$283	5-60 Minute Session Package	\$309
10-60 Minute Session Package	\$515	10-60 Minute Session Package	\$567

Boot Camp Pricing

5 pack
Member: \$25
Non-member: \$40

10 pack
Member: \$50
Non-member: \$80

Drop-In Fee
Member: \$8 per class

All classes listed require pre-registration.

Pilates Reformer
Contact the Guest Services desk at 317-920-7400. Please make sure to cancel your reservation 12 hours in advance if you cannot attend. Failure to notify us of your cancellation could result in a charge for the session.

Boot Camp
Payment and Registration is done at the Guest Services Desk.

Kangoo Power/Dance
All registration and payment is done at www.jumpfitindy.com.