

### **Group Fitness Speciality Schedule**

**Effective June 2020** 

#### Room Key:

1: Group Fitness 1

2: Group Fitness 2

**MB:** Mind Body Studio **FF: Fitness Floor** 

**CF: Cardio Floor** 

**B:** Basketball Court

## Strength

Cardio

Cycle

Yoga

**Cardio & Strength** 

Balance

# Morning: 6:00am - 12:00pm

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:30-10:30am		9:30-10:30am			8:30-9:30am	3:00-4:00pm
R: Pilates		R: Pilates			R. Kangoo	B: Kangoo
Reformer		Reformer			B: Kangoo	B. Kangoo
Andrea		Andrea			Michelle	Michelle
Evening: 5:00pm - 8:00pm						
Monday	Tuesday	Wednesday	Thursday	Friday		
6:00-7:00pm	5:30-6:30pm	5:30-6:30pm	5:30-6:30pm	5:30-6:30pm		
R: Pilates	R: Kangoo	MB: Boot	B: Kangoo	MB: Boot		
Reformer	B: Kangoo	Camp		Camp		
Ellyn	Michelle	Nicole	Michelle	Nicole		
6:45-7:45pm						

B: Kangoo

Michelle

Pilates Reformer Pricing					
Group Pricing					
Member		Non-Member			
1 Class	\$19	1 Class	\$25		
4 Class Package	\$72	4 Class Package	\$93		
8 Class Package	\$124	8 Class Package	\$165		
12 Class Package	\$167	12 Class Package	\$216		

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Semi Private Pricing							
*Semi-Private Sessions are for 2-3 participants, Pricing reflects cost per person,							
Member		Non-Member					
1-30 Minute Session	\$26	1-30 Minute Session	\$31				
5-30 Minute Session Package	\$129	5-30 Minute Session Package	\$155				
1-60 Minute Session	\$41	1-60 Minute Session	\$52				
5-60 Minute Session Package	\$206	5-60 Minute Session Package	\$258				
10-60 Minute Session Package	\$386	10-60 Minute Session Package	\$ <del>4</del> 89				

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Private Pricing							
*Private Sessions are a personalized 1-on-1 session.							
Member		Non-Member					
1-30 Minute Session	\$31	1-30 Minute Session	\$36				
5-30 Minute Session Package	\$156	5-30 Minute Session Package	\$180				
1-60 Minute Session	\$57	1-60 Minute Session	\$62				
5-60 Minute Session Package	\$283	5-60 Minute Session Package	\$309				
10-60 Minute Session Package	\$515	10-60 Minute Session Package	\$567				

#### **Boot Camp Pricing**

5 pack Member: \$25 Non-member: \$40

10 pack Member: \$50 Non-member: \$80

**Drop-In Fee** 

Member: \$8 per class Non-member: \$11 per class All classes listed require pre-registration.

**Pilates Reformer Contact the Guest** Services desk at 317-920-7400. Please make sure to cancel your reservation 12 hours in advance if you cannot attend. Failure to notify us of your cancellation could result in a charge for the session.

**Boot Camp Payment and Registration** is done at the Guest Services Desk.

**Kangoo Power/Dance** All registration and payment is done at www.jumpfitindy.com.