PILATES REFORMER, BURN ZONE, KANGOO POWER/DANCE

Indianapolis Healthplex
Specialty Class Schedule
Effective: October 1, 2019

Room Key:
1: Group Fitness Studio #1
MB: Mind Body Studio
R: Reformer Studio
CF: Cardio Floor

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:30-10:30 am R: Pilates Reformer Andrea	9:00-10:00 am R: Pilates Reformer Cassie	9:30-10:30 am R: Pilates Reformer Andrea	5:20-6:30 pm Court:Kangoo Power/Dance Michelle	9:00-10:00 am R: Beginning Reformer Cassie	8:20-9:30 am 1: Kangoo Power/Dance Michelle	2:00 - 3:00 pm 1: Beginner Kangoo Michelle Only on 10/13 & 10/27
6:00-7:00 pm R: Pilates Reformer Ellyn	5:20-6:30 pm 1: Kangoo Power/Dance Michelle	6:00-7:00 pm R: Pilates Reformer Cassie				

Pilates Reformer Pricing			
Group Pricing			
Member		**Non-Member**	
1 Class	$19	1 Class	$25
4 Class Package	$72	4 Class Package	$93
8 Class Package	$124	8 Class Package	$165
12 Class Package	$167	12 Class Package	$216

Semi Private Pricing			
**Semi-Private Sessions are for 2-3 participants. Pricing reflects cost per person.*			
Member		**Non-Member**	
1-30 Minute Session	$26	1-30 Minute Session	$31
5-30 Minute Session Package	$129	5-30 Minute Session Package	$155
1-60 Minute Session	$41	1-60 Minute Session	$52
5-60 Minute Session Package	$206	5-60 Minute Session Package	$258
10-60 Minute Session Package	$386	10-60 Minute Session Package	$489

Private Pricing			
**Private Sessions are a personalized 1-on-1 session.*			
Member		**Non-Member**	
1-30 Minute Session	$31	1-30 Minute Session	$36
5-30 Minute Session Package	$156	5-30 Minute Session Package	$180
1-60 Minute Session	$57	1-60 Minute Session	$62
5-60 Minute Session Package	$283	5-60 Minute Session Package	$309
10-60 Minute Session Package	$515	10-60 Minute Session Package	$567

Burn Zone Pricing

Member (renting HR monitor)
1 session: $12
10 sessions: $100
20 sessions: $160

Non-member (renting HR monitor)
1 session: $20
10 sessions: $180
20 sessions: $320

Member (owns Polar HR monitor)
1 session: $10
10 sessions: $90
20 sessions: $140

Non-member (owns HR Polar monitor)
1 session: $18
10 sessions: $170
20 sessions: $300

All classes listed require pre-registration.

Pilates Reformer
Contact the Guest Services desk at 317-920-7400. Please make sure to cancel your reservation 12 hours in advance if you cannot attend. Failure to notify us of your cancellation could result in a charge for the session.

Burn Zone
Payment and Registration is done at the Guest Services Desk.

Kangoo Power/Dance
All registration and payment is done at www.jumpfitindy.com.